

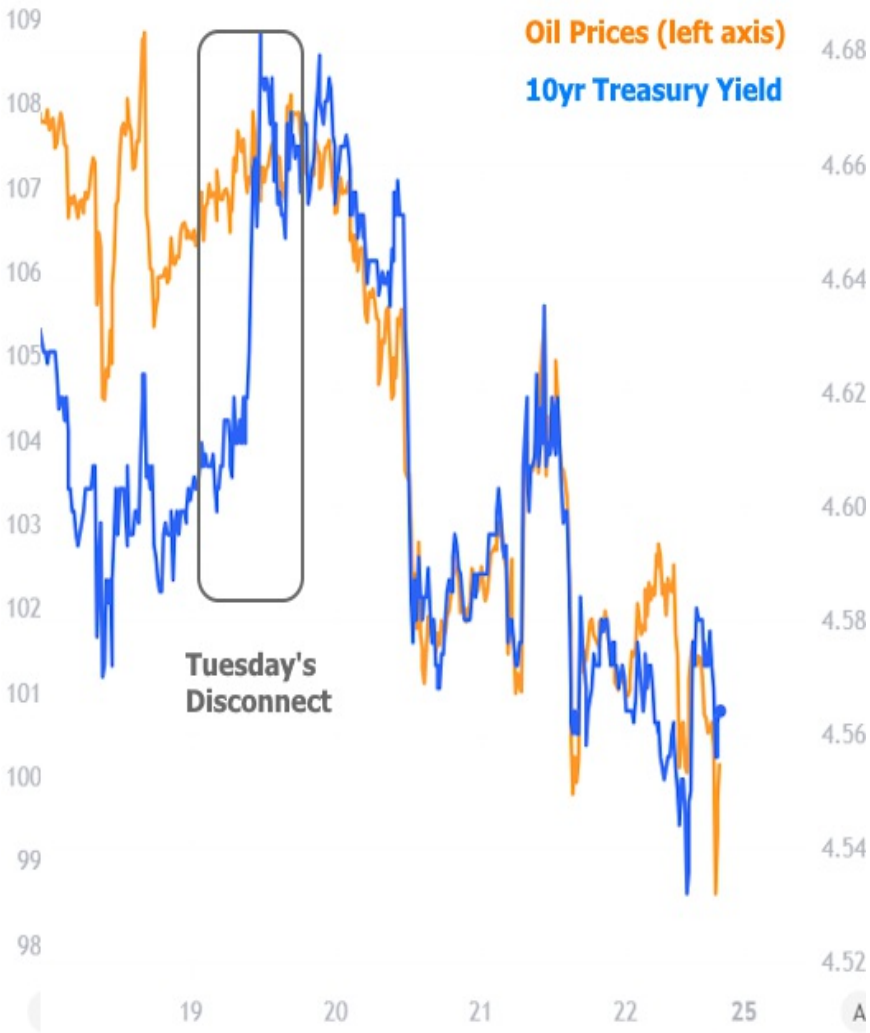
**Stephanie Riley**
Leader, Equity Strategies Team
Stephanie Riley / NMLS:2047373
3100 W Ray Rd, Ste 201, Office #200 Chandler, AZ 85226

Office: 833-476-9332
info@equitystrategiesteam.com
View My Website

# Rates Recover From 9-Month Highs Amid War-Related Volatility

This week ended up being the most volatile for interest rates since late March. By Tuesday, the average mortgage lender was at the highest level in more than 9 months. But ultimately, Friday's rates ended up the same as last Friday's.

For the most part, the news cycle continues to be dominated by war-related headlines. Almost all of this week's back-and-forth in financial markets can be lined up with war news. Tuesday's rate spike was a notable exception. Volume data suggested that at least one very large holder of U.S. Treasuries was doing some very heavy selling.




## National Average Mortgage Rates




| Mortgage News Daily | Rate | Change | Points |
|---|---|---|---|
| 30YR Fixed | 7.29% | +0.03 | 0.00 |
| 15YR Fixed | 6.93% | +0.11 | 0.00 |
| 30YR FHA | 6.97% | +0.02 | 0.00 |
| 30YR Jumbo | 7.40% | 0.00 | 0.00 |
| 7/6 SOFR | 6.68% | +0.08 | 0.00 |
| 30YR VA | 6.99% | +0.03 | 0.00 |

Rates as of: 11/27

## MBS and Treasury

| | Price / Yield | Change |
|---|---|---|
| MBS UMBS 6.0 | 99.44 | -0.44 |
| 10 YR Treasury | 4.8971 | +0.0381 |
| 30 YR Treasury | 5.2808 | +0.0329 |

Pricing as of: 11/26 9:00PM EST

## Recent Housing Data

| | | Value | Change |
|---|---|---|---|
| Mortgage Apps | Nov 18 | 212 | +6.11% |
| Building Permits | Oct | 1.3M | -7.5% |
| Housing Starts | Oct | 1.31M | +7.21% |
| New Home Sales | Oct | 701K | +3.7% |
| Pending Home Sales | Oct | 63 | -4.69% |
| Existing Home Sales | Oct | 3.99M | +0.25% |
| Builder Confidence | Nov | 25 | -13.79% |

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

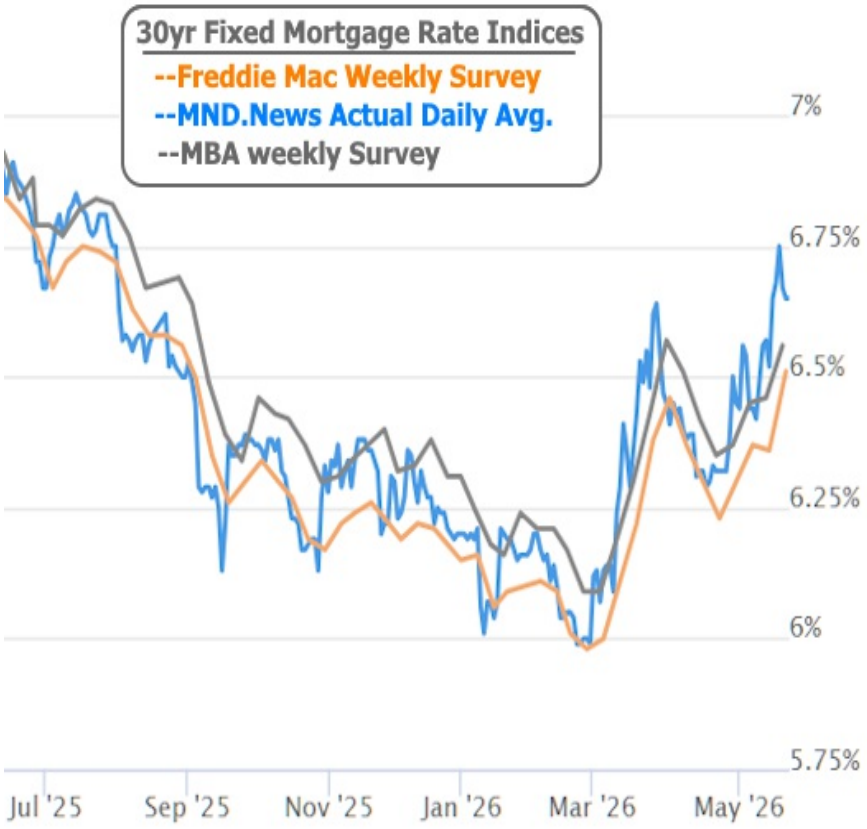
The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

**Read or subscribe** to my newsletter online at: http://mortgagenewsletters.org/equity-strategies-team

Because rates are based on bonds, heavy selling has an immediate impact. It pushes bond prices lower and interest rates higher, all else equal. Mortgage rates are based on mortgage-backed securities (MBS) and not Treasuries, but MBS and Treasuries are almost always moving in the same direction on any given day. Thus the heavy Treasury selling spilled over to cause big price changes in MBS (and, thus, mortgage rates).

We can't really know too much about why this selling occurred, but we do know that it was probably a very large investment fund based on the volume of trades. Even then, there's no way to know if this was an outright bearish bet against rates or if that fund was simply getting out with the intent of reinvesting in different parts of the bond market in the coming days.

Thankfully, markets reacted to increased peace prospects on Wednesday with sharply lower oil prices and bond yields. Volatility decreased into the end of the week and the news cycle remained constructive enough for bonds to end the week near their best levels. In turn, mortgage rates were able to make it back to last Friday's levels. The counterpoint is that last Friday's level was the previous 9-month high at the time.




The market is fully closed on Monday for the Memorial Day Holiday. After that, the primary focus should continue to be on the Iran war peace process.

Subscribe to my newsletter online at: http://mortgagenewsletters.org/equity-strategies-team

## Recent Economic Data

| Date | Event | Actual | Forecast | Prior |
|---|---|---|---|---|
| **Monday, May 18** | | | | |
| 10:00AM | May NAHB housing market indx | 37 | 35 | 34 |

## Event Importance:

No Stars = Insignificant
☆ Low
★ Moderate

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

**Read or subscribe** to my newsletter online at: http://mortgagenewsletters.org/equity-strategies-team

# US Housing Market Weekly

May 22, 2026

| Date | Event | Actual | Forecast | Prior |
|---|---|---|---|---|
| **Tuesday, May 19** | | | | |
| 10:00AM | Apr Pending Home Sales (%) | 1.4% | 1% | 1.5% |
| **Wednesday, May 20** | | | | |
| 7:00AM | May/15 MBA Refi Index | 920.2 | | 921.1 |
| 7:00AM | May/15 MBA Purchase Index | 170.4 | | 177.7 |
| 2:00PM | FOMC Minutes | | | |
| **Thursday, May 21** | | | | |
| 8:30AM | May/16 Jobless Claims (k) | 209K | 210K | 211K |
| 8:30AM | May Philly Fed Business Index | -0.4 | 18 | 26.7 |
| 8:30AM | Apr Housing starts number mm (ml) | 1.465M | 1.41M | 1.502M |
| 8:30AM | Apr Building Permits (ml) | 1.442M | 1.39M | 1.363M |
| **Friday, May 22** | | | | |
| 10:00AM | May Consumer Sentiment (ip) | 44.8 | 48.2 | 49.8 |
| 10:00AM | Apr CB Leading Index MoM (%) | 0.1% | -0.2% | -0.6% |
| **Monday, May 25** | | | | |
| 12:00AM | Memorial Day | | | |
| **Tuesday, May 26** | | | | |
| 9:00AM | Mar FHFA Home Prices y/y (%) | 1.7% | | 1.7% |
| 9:00AM | Mar Case Shiller Home Prices-20 y/y (%) | 0.8% | 1% | 0.9% |
| 10:00AM | May CB Consumer Confidence (%) | 93.1 | 92 | 92.8 |
| **Wednesday, May 27** | | | | |
| 8:15AM | ADP Employment Change Weekly | 35.75K | | 42.25K |
| **Thursday, May 28** | | | | |
| 8:30AM | May/23 Jobless Claims (k) | 215K | 211K | 209K |
| 8:30AM | Q1 GDP (%) | 1.6% | 2.0% | 0.5% |
| 8:30AM | Apr PCE (y/y) (%) | 3.8% | 3.8% | 3.5% |
| 8:30AM | Apr Durable goods (%) | 7.9% | 3.5% | 0.8% |
| 10:00AM | Apr New Home Sales (ml) | 0.622M | 0.67M | 0.682M |
| **Friday, May 29** | | | | |
| 9:45AM | May Chicago PMI | 62.7 | 50.5 | 49.2 |

☆☆ Important
★★ Very Important

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

**Read or subscribe** to my newsletter online at: http://mortgagenewsletters.org/equity-strategies-team